

Our Suppliers

We use fresh, seasonal, free-range produce from our local suppliers wherever possible

How far from La Fosse

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|---|---------------------|
| 1. Game, pork, beef and apples, Cranborne Estate, Dorset | (across the street) |
| 2. Watercress, Sun Salads, Cranborne, Dorset | (1 mile) |
| 3. Salads and herbs, St. Giles Salads, Dorset | (2 miles) |
| 4. Honey, Horton Honey, Wimborne, Dorset | (4 miles) |
| 5. Vegetables, chicken and pork, Future Farms in Martin, Hampshire | (4 miles) |
| 6. Bread and Oriental salads, Long Crichel bakery, Dorset | (7 miles) |
| 7. Eggs, Antell Brothers, Holt, Dorset | (8 miles) |
| 8. Dairy, Woodland Park Dairy, Woodlands, Wimborne, Dorset | (9 miles) |
| 9. Tea and Coffee, Keith Spicers, Wimborne, Dorset | (9 mile) |
| 10. Cheese, Cranborne Chase Cheese, Manor Farm, Ashmore, Dorset | (10 miles) |
| 11. Fish, Premier Fish, Downton, Wiltshire | (12 miles) |
| 12. Dairy, Leopard Dairy, Blandford Forum, Dorset | (16 miles) |
| 13. Cheese, Lyburn Farm, Salisbury, Wiltshire | (16 miles) |
| 14. Veal, Marleycombe Veal Company, Salisbury, Wiltshire | (16 miles) |
| 15. Fish and seafood, Mudeford and Lymington, Hampshire | (21 miles) |
| 16. Olives, Olive Et Al, Sturminster Newton, Dorset | (22 miles) |
| 17. Cheese, Ford Farm, Dorchester, Dorset | (31 miles) |
| 18. Mushrooms, Dorset Down Mushrooms, Sherborne, Dorset | (34 miles) |
| 19. Oils, The Seed Company, Sherborne, Dorset | (34 miles) |
| 20. Green and Fruit tea, Clipper, Fair-trade tea, Beaminster, Dorset | (52 miles) |
| 21. Lamb, Welsh lamb, but the lady selling and owning it lives in Cranborne | |

Our dishes are cooked in cold pressed rapeseed oil from The Seed Company (Dorset), rich in Omega 3, 6 & 9 and has less than half the saturated fat of olive oil

